

Eight Affordable Gifts

1. **The gift of listening:** Really listening. No interruption, no daydreaming, no planning a response. Just listening.
2. **The gift of affection:** Be generous with appropriate hugs, kisses and pats on the back. These gifts demonstrate the love you have for others.
3. **The gift of laughter:** Your gift will say, "I love to laugh with you."
4. **The gift of a written note:** It can be a simple "thanks" or a full sonnet. A brief handwritten note can be remembered for a lifetime.
5. **The gift of a compliment:** A simple "you did a super job" or "you look great" can make someone's day.
6. **The gift of a favor:** Go out of your way to do something kind.
7. **The gift of solitude:** Be sensitive of the times that we and others want to be left alone.
8. **The gift of a cheerful disposition:** The easiest way to feel good is to make others feel good.

- Anonymous

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